

2022-08-24 08:58:00

Choose competition:

2022 Apollo Projects NZ Short Course Swimming Championships

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Choose an alternative: [Home](#) [Competitions](#) [Program](#) [Results](#) [By event](#) [Filearchive](#) [LIVE](#)**Results for 2022 Apollo Projects NZ Short Course Swimming Championships**

Below are all results from the competition shown by session.

Choose session: [Session 1](#) [Session 2](#) [Session 3](#) [Session 4](#) [Session 5](#) [Session 6](#) [Session 7](#) [Session 8](#) [Session 9](#) [Session 10](#)**Session Four - Finals****Heat results****2022 Apollo Projects NZ Short Course Swimming Championships**Place: Sir Owen G Glenn National Aquatic Organizer: Swimming New Zealand  
Pool: 25m Competition Date: Aug 23, 2022 to Aug 27, 2022**Event 14, 400m Individual Medley Women - A Final**

13NZR	4:55.18	Erika Fairweather	NEPOT		10/6/2017
14NZR	4:49.05	Mya Rasmussen	KIWMW		9/5/2014
NZR	4:32.48	Helena Gasson	1994 CSCAK (NZL)	Budapest, Hungary	10/31/2020
18NZR	4:36.84	Standard	(NZL)		
17NZR	4:36.84	Anna Wilson	NZL (NZL)		2/15/1995
15NZR	4:46.99	Chloe Francis	NSSAK (NZL)		9/30/2008
16NZR	4:39.95	Mya Rasmussen	KIWMW		8/14/2016

Rank	Name	Age	Team	R.T.	FINA	Time	Diff
<b>1</b>	<b>Gina McCarthy</b>	20	Hamilton Aquatics	+0.72		<b>4:43.46</b>	
	Entry time: 4:52.73 (-9.27)						
	25m: 14.21	50m: 31.28 (17.07)	75m: 48.86 (17.58)	100m: 1:06.84 (17.98)			
	125m: 1:24.88 (18.04)	150m: 1:42.08 (17.20)	175m: 1:59.73 (17.65)	200m: 2:16.74 (17.01)			
	225m: 2:36.28 (19.54)	250m: 2:56.29 (20.01)	275m: 3:16.12 (19.83)	300m: 3:36.55 (20.43)			
	325m: 3:53.95 (17.40)	350m: 4:10.97 (17.02)	375m: 4:27.37 (16.40)	400m: 4:43.46 (16.09)			
<b>2</b>	<b>Ruby Matthews</b>	23	Phoenix Aquatics	+0.67		<b>4:44.49</b>	+1.03
	Entry time: 4:54.58 (-10.09)						
	25m: 13.68	50m: 30.38 (16.70)	75m: 46.98 (16.60)	100m: 1:04.46 (17.48)			
	125m: 1:23.82 (19.36)	150m: 1:42.24 (18.42)	175m: 2:01.05 (18.81)	200m: 2:19.79 (18.74)			
	225m: 2:39.50 (19.71)	250m: 2:59.73 (20.23)	275m: 3:19.30 (19.57)	300m: 3:39.35 (20.05)			
	325m: 3:56.04 (16.69)	350m: 4:12.23 (16.19)	375m: 4:28.47 (16.24)	400m: 4:44.49 (16.02)			
<b>3</b>	<b>Danielle Asiata</b>	15	Howick Pakuranga	+0.69		<b>4:55.80</b>	+12.34
	Entry time: 5:00.45 (-4.65)						
	25m: 14.37	50m: 31.52 (17.15)	75m: 49.34 (17.82)	100m: 1:07.65 (18.31)			
	125m: 1:25.89 (18.24)	150m: 1:43.48 (17.59)	175m: 2:01.39 (17.91)	200m: 2:19.34 (17.95)			
	225m: 2:40.87 (21.53)	250m: 3:02.31 (21.44)	275m: 3:24.13 (21.82)	300m: 3:46.65 (22.52)			
	325m: 4:04.23 (17.58)	350m: 4:21.29 (17.06)	375m: 4:38.67 (17.38)	400m: 4:55.80 (17.13)			
<b>4</b>	<b>Hanna Abdou</b>	15	Jasi Swim Club	+0.79		<b>5:00.43</b>	+16.97
	Entry time: 5:01.75 (-1.32)						
	25m: 14.52	50m: 31.99 (17.47)	75m: 50.23 (18.24)	100m: 1:08.87 (18.64)			
	125m: 1:27.76 (18.89)	150m: 1:45.94 (18.18)	175m: 2:04.67 (18.73)	200m: 2:23.15 (18.48)			
	225m: 2:45.84 (22.69)	250m: 3:08.48 (22.64)	275m: 3:31.00 (22.52)	300m: 3:53.86 (22.86)			
	325m: 4:11.42 (17.56)	350m: 4:27.97 (16.55)	375m: 4:44.62 (16.65)	400m: 5:00.43 (15.81)			
<b>5</b>	<b>Maia Adams</b>	18	Raumati Swimming Club	+0.71		<b>5:00.69</b>	+17.23
	Entry time: 5:00.80 (-0.11)						
	25m: 14.40	50m: 32.40 (18.00)	75m: 50.82 (18.42)	100m: 1:10.56 (19.74)			
	125m: 1:29.98 (19.42)	150m: 1:48.95 (18.97)	175m: 2:08.09 (19.14)	200m: 2:27.34 (19.25)			
	225m: 2:48.14 (20.80)	250m: 3:09.81 (21.67)	275m: 3:31.14 (21.33)	300m: 3:53.02 (21.88)			
	325m: 4:10.34 (17.32)	350m: 4:27.48 (17.14)	375m: 4:44.32 (16.84)	400m: 5:00.69 (16.37)			
<b>6</b>	<b>Olivia Gibson</b>	17	United Swimming Club	+0.78		<b>5:04.92</b>	+21.46
	Entry time: 5:04.35 (+0.57)						
	25m: 14.58	50m: 32.54 (17.96)	75m: 51.64 (19.10)	100m: 1:11.48 (19.84)			
	125m: 1:31.89 (20.41)	150m: 1:51.48 (19.59)	175m: 2:10.74 (19.26)	200m: 2:30.41 (19.67)			
	225m: 2:51.43 (21.02)	250m: 3:12.62 (21.19)	275m: 3:33.68 (21.06)	300m: 3:54.93 (21.25)			
	325m: 4:12.98 (18.05)	350m: 4:30.64 (17.66)	375m: 4:48.07 (17.43)	400m: 5:04.92 (16.85)			
<b>7</b>	<b>Emilia Finer</b>	17	Dargaville Swim Club	+0.73		<b>5:05.15</b>	+21.69
	Entry time: 5:02.55 (+2.60)						
	25m: 14.81	50m: 32.56 (17.75)	75m: 51.11 (18.55)	100m: 1:10.00 (18.89)			
	125m: 1:30.52 (20.52)	150m: 1:50.24 (19.72)	175m: 2:10.32 (20.08)	200m: 2:30.39 (20.07)			
	225m: 2:52.45 (22.06)	250m: 3:14.37 (21.92)	275m: 3:36.41 (22.04)	300m: 3:58.54 (22.13)			
	325m: 4:15.87 (17.33)	350m: 4:32.41 (16.54)	375m: 4:49.03 (16.62)	400m: 5:05.15 (16.12)			
<b>8</b>	<b>Kate Hurley</b>	14	Napier Aquahawks	+0.74		<b>5:06.32</b>	+22.86
	Entry time: 5:08.88 (-2.56)						
	25m: 14.10	50m: 31.27 (17.17)	75m: 49.67 (18.40)	100m: 1:08.85 (19.18)			
	125m: 1:28.84 (19.99)	150m: 1:48.59 (19.75)	175m: 2:08.60 (20.01)	200m: 2:28.90 (20.30)			
	225m: 2:50.85 (21.95)	250m: 3:12.87 (22.02)	275m: 3:34.48 (21.61)	300m: 3:56.80 (22.32)			
	325m: 4:15.18 (18.38)	350m: 4:32.43 (17.25)	375m: 4:49.38 (16.95)	400m: 5:06.32 (16.94)			
<b>9</b>	<b>Maddy Horton</b>	17	Jasi Swim Club	+0.71		<b>5:08.91</b>	+25.45
	Entry time: 5:09.11 (-0.20)						
	25m: 14.49	50m: 32.68 (18.19)	75m: 51.13 (18.45)	100m: 1:10.86 (19.73)			
	125m: 1:30.60 (19.74)	150m: 1:50.10 (19.50)	175m: 2:10.04 (19.94)	200m: 2:31.05 (21.01)			
	225m: 2:52.55 (21.50)	250m: 3:14.85 (22.30)	275m: 3:37.11 (22.26)	300m: 3:59.54 (22.43)			
	325m: 4:17.16 (17.62)	350m: 4:34.35 (17.19)	375m: 4:51.64 (17.29)	400m: 5:08.91 (17.27)			
<b>10</b>	<b>Zoe Wilkinson</b>	16	Evolution Aquatics Tauranga	+0.83		<b>5:12.02</b>	+28.56
	Entry time: 5:07.47 (+4.55)						
	25m: 14.48	50m: 32.29 (17.81)	75m: 51.28 (18.99)	100m: 1:10.44 (19.16)			
	125m: 1:30.16 (19.72)	150m: 1:49.31 (19.15)	175m: 2:08.79 (19.48)	200m: 2:28.09 (19.30)			
	225m: 2:50.59 (22.50)	250m: 3:13.37 (22.78)	275m: 3:36.08 (22.71)	300m: 3:59.11 (23.03)			
	325m: 4:17.53 (18.42)	350m: 4:35.75 (18.22)	375m: 4:54.28 (18.53)	400m: 5:12.02 (17.74)			

Event official at: 8/24/2022 6:50:37 PM

**Event 14, 400m Individual Medley Women - B Final**

13NZR	4:55.18	Erika Fairweather	NEPOT		10/6/2017
14NZR	4:49.05	Mya Rasmussen	KIWMW		9/5/2014
NZR	4:32.48	Helena Gasson	1994 CSCAK (NZL)	Budapest, Hungary	10/31/2020

18NZR	4:36.84	Standard	(NZL)	
17NZR	4:36.84	Anna Wilson	NZL (NZL)	2/15/1995
15NZR	4:46.99	Chloe Francis	NSSAK (NZL)	9/30/2008
16NZR	4:39.95	Mya Rasmussen	KWIMW	8/14/2016

Rank	Name	Age	Team	R.T.	FINA	Time	Diff	
<b>1</b>	<b>Ava Wilson</b>	14	Carterton Swimming Club	+0.77		<b>5:06.76</b>		
	Entry time: 5:12.21		(-5.45)					
	25m: 14.56	50m: 32.40	(17.84)	75m: 51.63	(19.23)	100m: 1:11.66	(20.03)	
	125m: 1:31.89	(20.23)	150m: 1:51.15	(19.26)	175m: 2:10.63	(19.48)	200m: 2:29.86	(19.23)
	225m: 2:51.43	(21.57)	250m: 3:13.99	(22.56)	275m: 3:36.82	(22.83)	300m: 3:59.88	(23.06)
	325m: 4:17.45	(17.57)	350m: 4:34.67	(17.22)	375m: 4:51.29	(16.62)	400m: 5:06.76	(15.47)
<b>2</b>	<b>Jaimee Fisher</b>	24	Enterprise Swim Team	+0.77		<b>5:07.50</b>	+0.74	
	Entry time: 5:11.14		(-3.64)					
	25m: 15.05	50m: 32.33	(17.28)	75m: 50.64	(18.31)	100m: 1:09.89	(19.25)	
	125m: 1:30.16	(20.27)	150m: 1:49.82	(19.66)	175m: 2:09.25	(19.43)	200m: 2:28.93	(19.68)
	225m: 2:51.13	(22.20)	250m: 3:13.36	(22.23)	275m: 3:35.83	(22.47)	300m: 3:58.53	(22.70)
	325m: 4:16.43	(17.90)	350m: 4:33.76	(17.33)	375m: 4:51.20	(17.44)	400m: 5:07.50	(16.30)
<b>3</b>	<b>Brooke Swan</b>	15	Tasman Swim Club	+0.67		<b>5:08.95</b>	+2.19	
	Entry time: 5:13.81		(-4.86)					
	25m: 14.79	50m: 32.54	(17.75)	75m: 50.62	(18.08)	100m: 1:10.00	(19.38)	
	125m: 1:30.66	(20.66)	150m: 1:51.04	(20.38)	175m: 2:11.56	(20.52)	200m: 2:32.21	(20.65)
	225m: 2:54.47	(22.26)	250m: 3:16.63	(22.16)	275m: 3:38.46	(21.83)	300m: 4:01.41	(22.95)
	325m: 4:18.44	(17.03)	350m: 4:35.40	(16.96)	375m: 4:52.45	(17.05)	400m: 5:08.95	(16.50)
<b>4</b>	<b>Mae-Ying Reynolds</b>	14	Howick Pakuranga	+0.83		<b>5:12.95</b>	+6.19	
	Entry time: 5:15.42		(-2.47)					
	25m: 15.34	50m: 33.34	(18.00)	75m: 52.09	(18.75)	100m: 1:12.28	(20.19)	
	125m: 1:32.17	(19.89)	150m: 1:51.18	(19.01)	175m: 2:11.46	(20.28)	200m: 2:31.41	(19.95)
	225m: 2:54.00	(22.59)	250m: 3:16.98	(22.98)	275m: 3:40.56	(23.58)	300m: 4:03.88	(23.32)
	325m: 4:21.47	(17.59)	350m: 4:38.84	(17.37)	375m: 4:56.15	(17.31)	400m: 5:12.95	(16.80)
<b>5</b>	<b>Heidi Uys</b>	16	Swim Timaru	+0.71		<b>5:15.81</b>	+9.05	
	Entry time: 5:17.42		(-1.61)					
	25m: 15.21	50m: 33.56	(18.35)	75m: 52.46	(18.90)	100m: 1:12.04	(19.58)	
	125m: 1:33.49	(21.45)	150m: 1:53.92	(20.43)	175m: 2:14.18	(20.26)	200m: 2:34.69	(20.51)
	225m: 2:56.45	(21.76)	250m: 3:18.14	(21.69)	275m: 3:40.28	(22.14)	300m: 4:02.59	(22.31)
	325m: 4:21.54	(18.95)	350m: 4:39.72	(18.18)	375m: 4:58.31	(18.59)	400m: 5:15.81	(17.50)
<b>6</b>	<b>Marina Nadilo</b>	13	Capital Swim Club	+0.73		<b>5:16.30</b>	+9.54	
	Entry time: 5:18.17		(-1.87)					
	25m: 14.12	50m: 31.87	(17.75)	75m: 50.70	(18.83)	100m: 1:10.60	(19.90)	
	125m: 1:30.73	(20.13)	150m: 1:50.21	(19.48)	175m: 2:09.91	(19.70)	200m: 2:30.15	(20.24)
	225m: 2:52.92	(22.77)	250m: 3:17.29	(24.37)	275m: 3:41.53	(24.24)	300m: 4:06.24	(24.71)
	325m: 4:23.70	(17.46)	350m: 4:41.36	(17.66)	375m: 4:59.18	(17.82)	400m: 5:16.30	(17.12)
<b>7</b>	<b>Sophie Hay</b>	15	Hamilton Aquatics	+0.73		<b>5:16.51</b>	+9.75	
	Entry time: 5:17.27		(-0.76)					
	25m: 15.70	50m: 34.79	(19.09)	75m: 54.99	(20.20)	100m: 1:16.45	(21.46)	
	125m: 1:36.70	(20.25)	150m: 1:56.16	(19.46)	175m: 2:15.65	(19.49)	200m: 2:35.37	(19.72)
	225m: 2:58.29	(22.92)	250m: 3:21.04	(22.75)	275m: 3:44.36	(23.32)	300m: 4:07.89	(23.53)
	325m: 4:25.88	(17.99)	350m: 4:42.95	(17.07)	375m: 5:00.29	(17.34)	400m: 5:16.51	(16.22)
<b>8</b>	<b>Catherine Sonerson</b>	16	Pirates Swim Team	+0.74		<b>5:16.61</b>	+9.85	
	Entry time: 5:09.52		(+7.09)					
	25m: 14.40	50m: 31.34	(16.94)	75m: 49.32	(17.98)	100m: 1:09.08	(19.76)	
	125m: 1:30.22	(21.14)	150m: 1:50.37	(20.15)	175m: 2:10.27	(19.90)	200m: 2:30.06	(19.79)
	225m: 2:53.85	(23.79)	250m: 3:17.97	(24.12)	275m: 3:41.68	(23.71)	300m: 4:05.71	(24.03)
	325m: 4:23.61	(17.90)	350m: 4:41.27	(17.66)	375m: 4:59.07	(17.80)	400m: 5:16.61	(17.54)
<b>9</b>	<b>Jemima Barr</b>	16	Tasman Swim Club	+0.74		<b>5:18.48</b>	+11.72	
	Entry time: 5:16.42		(+2.06)					
	25m: 14.50	50m: 32.31	(17.81)	75m: 50.04	(17.73)	100m: 1:08.50	(18.46)	
	125m: 1:29.05	(20.55)	150m: 1:48.59	(19.54)	175m: 2:08.30	(19.71)	200m: 2:28.38	(20.08)
	225m: 2:52.67	(24.29)	250m: 3:17.13	(24.46)	275m: 3:40.74	(23.61)	300m: 4:05.67	(24.93)
	325m: 4:24.53	(18.86)	350m: 4:43.02	(18.49)	375m: 5:01.22	(18.20)	400m: 5:18.48	(17.26)
<b>10</b>	<b>Michaela Botha</b>	16	Howick Pakuranga	+0.78		<b>5:20.48</b>	+13.72	
	Entry time: 5:18.47		(+2.01)					
	25m: 15.92	50m: 35.17	(19.25)	75m: 55.59	(20.42)	100m: 1:16.42	(20.83)	
	125m: 1:37.08	(20.66)	150m: 1:57.30	(20.22)	175m: 2:16.96	(19.66)	200m: 2:37.53	(20.57)
	225m: 2:59.81	(22.28)	250m: 3:22.80	(22.99)	275m: 3:45.83	(23.03)	300m: 4:09.54	(23.71)
	325m: 4:28.03	(18.49)	350m: 4:45.74	(17.71)	375m: 5:03.60	(17.86)	400m: 5:20.48	(16.88)

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### Event 14, 400m Individual Medley Women - C Final

13NZR	4:55.18	Erika Fairweather	NEPOT		10/6/2017
14NZR	4:49.05	Mya Rasmussen	KWIMW		9/5/2014
NZR	4:32.48	Helena Gasson	1994 CSCAK (NZL)	Budapest, Hungary	10/31/2020
18NZR	4:36.84	Standard	(NZL)		
17NZR	4:36.84	Anna Wilson	NZL (NZL)		2/15/1995
15NZR	4:46.99	Chloe Francis	NSSAK (NZL)		9/30/2008
16NZR	4:39.95	Mya Rasmussen	KWIMW		8/14/2016

Rank	Name	Age	Team	R.T.	FINA	Time	Diff	
<b>1</b>	<b>Holly Nelson</b>	14	North Shore Swimming Club	+0.75		<b>5:15.12</b>		
	Entry time: 5:22.19		(-7.07)					
	25m: 15.15	50m: 33.44	(18.29)	75m: 52.77	(19.33)	100m: 1:12.46	(19.69)	
	125m: 1:32.69	(20.23)	150m: 1:51.88	(19.19)	175m: 2:11.27	(19.39)	200m: 2:30.12	(18.85)
	225m: 2:53.83	(23.71)	250m: 3:17.34	(23.51)	275m: 3:40.68	(23.34)	300m: 4:04.77	(24.09)
	325m: 4:22.68	(17.91)	350m: 4:40.18	(17.50)	375m: 4:57.96	(17.78)	400m: 5:15.12	(17.16)
<b>2</b>	<b>Caitlyn Ekins (V)</b>	15	Tea Tree Gully	+0.86		<b>5:15.62</b>	+0.50	
	Entry time: 5:19.38		(-3.76)					
	25m: 14.68	50m: 32.47	(17.79)	75m: 51.33	(18.86)	100m: 1:10.68	(19.35)	
	125m: 1:31.24	(20.56)	150m: 1:51.12	(19.88)	175m: 2:11.52	(20.40)	200m: 2:31.76	(20.24)
	225m: 2:54.74	(22.98)	250m: 3:18.36	(23.62)	275m: 3:41.48	(23.12)	300m: 4:05.26	(23.78)
	325m: 4:23.67	(18.41)	350m: 4:41.50	(17.83)	375m: 4:59.18	(17.68)	400m: 5:15.62	(16.44)
<b>3</b>	<b>Rhianna Short</b>	18	Orca Swimming Club	+0.76		<b>5:16.61</b>	+1.49	
	Entry time: 5:20.35		(-3.74)					
	25m: 15.35	50m: 33.45	(18.10)	75m: 52.79	(19.34)	100m: 1:12.32	(19.53)	
	125m: 1:33.38	(21.06)	150m: 1:53.67	(20.29)	175m: 2:14.02	(20.35)	200m: 2:34.45	(20.43)
	225m: 2:56.40	(21.95)	250m: 3:18.59	(22.19)	275m: 3:40.52	(21.93)	300m: 4:03.07	(22.55)
	325m: 4:21.89	(18.82)	350m: 4:40.14	(18.25)	375m: 4:58.60	(18.46)	400m: 5:16.61	(18.01)
<b>4</b>	<b>Ariella Riley</b>	14	Fairfield Swimming Club	+0.78		<b>5:17.00</b>	+1.88	
	Entry time: 5:25.34		(-8.34)					
	25m: 15.08	50m: 33.51	(18.43)	75m: 52.97	(19.46)	100m: 1:12.91	(19.94)	
	125m: 1:32.84	(19.93)	150m: 1:52.39	(19.55)	175m: 2:11.87	(19.48)	200m: 2:30.67	(18.80)
	225m: 2:55.06	(24.39)	250m: 3:19.07	(24.01)	275m: 3:42.62	(23.55)	300m: 4:07.31	(24.69)
	325m: 4:25.03	(17.72)	350m: 4:42.76	(17.73)	375m: 5:00.16	(17.40)	400m: 5:17.00	(16.84)
<b>5</b>	<b>Elaina Neal</b>	17	Pirates Swim Team	+0.64		<b>5:17.70</b>	+2.58	
	Entry time: 5:19.17		(-1.47)					
	25m: 15.11	50m: 32.85	(17.74)	75m: 51.63	(18.78)	100m: 1:11.62	(19.99)	
	125m: 1:32.17	(20.50)	150m: 1:51.79	(19.67)	175m: 2:11.98	(20.19)	200m: 2:32.29	(20.31)

225m: 2:55.01 (17.72)	350m: 4:17.91 (18.07)	475m: 5:41.19 (18.28)	600m: 7:04.62 (17.83)
325m: 4:23.24 (18.62)	350m: 4:41.31 (18.07)	375m: 4:59.97 (18.66)	400m: 5:17.70 (17.73)
<b>6 Sophie Barry</b> 14 Parnell Swimming +0.72 <b>5:18.24</b> +3.12			
Entry time: 5:23.82 (-5.58)			
25m: 14.87	50m: 32.75 (17.88)	75m: 51.10 (18.35)	100m: 1:10.38 (19.28)
125m: 1:30.30 (19.92)	150m: 1:49.93 (19.63)	175m: 2:09.51 (19.58)	200m: 2:29.09 (19.58)
225m: 2:53.66 (24.57)	250m: 3:17.67 (24.01)	275m: 3:41.12 (23.45)	300m: 4:05.74 (24.62)
325m: 4:24.52 (18.78)	350m: 4:42.64 (18.12)	375m: 5:01.04 (18.40)	400m: 5:18.24 (17.20)
<b>7 McKenzie Rowlands</b> 14 Aquablaz NP +0.75 <b>5:20.54</b> +5.42			
Entry time: 5:24.95 (-4.41)			
25m: 14.43	50m: 32.01 (17.58)	75m: 50.38 (18.37)	100m: 1:09.35 (18.97)
125m: 1:30.24 (20.89)	150m: 1:50.23 (19.99)	175m: 2:07.35 (17.12)	200m: 2:30.69 (23.34)
225m: 2:54.09 (23.40)	250m: 3:18.71 (24.62)	275m: 3:43.68 (24.97)	300m: 4:08.70 (25.02)
325m: 4:27.01 (18.31)	350m: 4:45.13 (18.12)	375m: 5:03.17 (18.04)	400m: 5:20.54 (17.37)
<b>8 Bianca Raxworthy</b> 14 Waterhole Swimming +0.80 <b>5:22.25</b> +7.13			
Entry time: 5:25.00 (-2.75)			
25m: 15.15	50m: 33.93 (18.78)	75m: 53.66 (19.73)	100m: 1:14.27 (20.61)
125m: 1:35.84 (21.57)	150m: 1:57.23 (21.39)	175m: 2:17.62 (20.39)	200m: 2:38.43 (20.81)
225m: 3:00.53 (22.10)	250m: 3:23.15 (22.62)	275m: 3:45.96 (22.81)	300m: 4:09.02 (23.06)
325m: 4:27.65 (18.63)	350m: 4:46.09 (18.44)	375m: 5:04.82 (18.73)	400m: 5:22.25 (17.43)
<b>9 Annabel Grenfell</b> 14 Nelson South Swim Club +0.76 <b>5:22.49</b> +7.37			
Entry time: 5:25.09 (-2.60)			
25m: 14.83	50m: 32.62 (17.79)	75m: 51.49 (18.87)	100m: 1:11.54 (20.05)
125m: 1:31.70 (20.16)	150m: 1:50.81 (19.11)	175m: 2:09.85 (19.04)	200m: 2:28.72 (18.87)
225m: 2:53.64 (24.92)	250m: 3:18.39 (24.75)	275m: 3:43.23 (24.84)	300m: 4:08.32 (25.09)
325m: 4:27.31 (18.99)	350m: 4:45.52 (18.21)	375m: 5:04.21 (18.69)	400m: 5:22.49 (18.28)
<b>10 Georgina Christie</b> 17 Selwyn Swim Club +0.67 <b>5:27.10</b> +11.98			
Entry time: 5:28.57 (-1.47)			
25m: 15.15	50m: 33.35 (18.20)	75m: 52.26 (18.91)	100m: 1:12.57 (20.31)
125m: 1:34.03 (21.46)	150m: 1:54.40 (20.37)	175m: 2:14.86 (20.46)	200m: 2:35.92 (21.06)
225m: 3:00.19 (24.27)	250m: 3:24.50 (24.31)	275m: 3:48.46 (23.96)	300m: 4:13.17 (24.71)
325m: 4:32.37 (19.20)	350m: 4:50.83 (18.46)	375m: 5:09.11 (18.28)	400m: 5:27.10 (17.99)
Event official at: 8/24/2022 6:50:37 PM			
2022-08-24 18:50:42 Datahandling: WinGrodan 2.9 Licensed to: Swimming New Zealand			

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